

PROGRESS NOTES

Patient Margaret A. Hertz

Date of Birth: 11/17/YR-44

12/30/YR-2: Hx mva 11/18/ YR-2. Pt. states speeding car hit her while pedestrian. Pt, struck in head, possible loss of consciousness, HA and neck pain of weeks duration. Pt. presently c/o sleep disturbance, concentration difficulties, personality changes by history. Pt. appears dull, concerned. Cranial nerves normal. Cerebellar function testing is intact in the upper and lower extremities. Sensation testing is intact to pin, light touch and vibration. Motor function testing shows good bulk. Triceps, wrist and extensors, EHL and TA are intact. Gait is unremarkable. Deep tendon reflexes in the upper and lower extremities are normal and symmetrical with symmetrical knee jerks and ankle jerks with bilateral flexor plantar response. Neck -supple with no trapezial spasm or tenderness. BP 124/84.

Imp. - Cerebral concussion with significant and persistent post-concussion personality changes by history. Recommend course of PT, return in 2 weeks.

1/8/YR-1: Patient states PT providing relief from HA. Still c/o HA 2 to 3x/wk. BP120/82. Personality changes persist. Pt. Notes memory and problem solving difficulties. Easily distracted, having trouble concentrating and performing job duties as computer programmer. Questionable major depressive episode. Recommend neuropsych. Consult for cognitive testing. Offered to place pt. on disability. Pt. refused, does not want to leave in middle of projects. Needs the money. Fear of foreclosure. Pt. to return in 2 wks.

1/18/YR-1: N/S. Auto reschedule to 1/20 - (office left message on patient's phone)

1/20/YR-1: Pt. cancelled. Reschedule to 1/24 - (left message on office machine - in Florida)

1/24/YR-1: Pt. continues with therapy and biofeedback training. PT provides temporary relief. HA continue 2-3x/wk. less severe. Cranial nerves normal. BP 122/82 Personality changes, sleep disturbance, memory and concentration deficits persist. F/u 1 month.

2/25/YR-1: Pt. completed course of PT. Do not believe further PT will benefit. Cranial nerves normal. BP 122/83. Pt. still complains of inc. frustration. Pt. had explosive episode at work. Again suggested she take disability time off if she can. Pt. agreed some rest from work would be helpful, States that she isn't "doing her job very well any more anyway." Fear of foreclosure. Disability form completed and forwarded to Bolder. Will see Dr. Coe in consult on 3/8/YR-1.

Pt. to return after neuropsych. Advise atty.

3/15/YR-1: Pt. examined on 3/8/YR-1 by Dr. Coe. Report received confirms cognitive dysfunction, including major depressive episode. Latter still questionable. Pt. still complains of personality changes at home. Notes that reduced stress from not working has helped. Still gets frustrated over little things at home. F/U 1 mo.

4/15/YR-1: Pt. cancelled.

4/17/YR-1: Pt. doing better. Claims she has not had headache since last visit. Pt. states very relaxed, but is afraid to return to work. Fears relapse. Still fears foreclosure. Suggested she try to return part-time when ready. F/U as needed