



GOLF

Swing into a round of golf on the legendary 18-hole course at The Omni Grove Park Inn. The 6,400-yard championship course has been played by PGA stars Bobby Jones, Ben Hogan, and Jack Nicklaus and even President Obama. Feel a sense of pride and accomplishment after navigating the tree-lined fairways and bent greens with amazing views of the surrounding Blue Ridge Mountains. Elevated tee boxes on the par-70 course provide perfect sight lines for each drive.

Open Golf Tournament

Tuesday, July 9, 12:30 p.m.

SPONSORED BY EXPONENT

The registration fee is \$235.00 USD per person and includes greens fees, carts, boxed lunch, bottled waters, prizes, and tournament costs. Any equipment rentals will be charged to the participant. Thank you to our Open Golf Tournament Chair Robert Alexander.

Couples Golf Event

Wednesday, July 10, 12:30 p.m.

Spouses, parent/child, siblings, or friends – any type of couple is invited to play! The registration fee is \$235.00 USD per person and includes greens fees, carts, boxed lunch, bottled waters, prizes, and tournament costs. Any equipment rentals will be charged to the participant. Thank you to our Couples Golf Event Chairs Tim Pinos and Cory Gilmore.

TENNIS

The Omni Grove Park Inn's three outdoor and three indoor hard courts host clinics, matches, and private and semi-private lessons. Equipment is available for rental.

Tennis Mixers

*Tuesday, July 9 and Wednesday, July 10,
1:30 - 3:30 p.m.*

Sign-up for informal and fun play! All levels welcome. The registration fee is \$35.00 USD per person and includes court fees, pro fees, tennis balls, and bottled waters. Thank you to our Tennis Chairs Bryan and Beth Bolton.

Men's and Women's Tennis Tournament

Thursday, July 11, 1:00 - 4:00 p.m.

SPONSORED BY BAKER TILLY

Test your tennis mettle against other meeting attendees in our men's and women's tournaments. The registration fee is \$50.00 USD per person and includes court fees, pro fees, tennis balls, prizes, and bottled waters. Thank you to our Tennis Chairs Bryan and Beth Bolton.

MEDITATION: LEARN THE TECHNIQUES THAT CAN TRANSFORM YOUR LIFE

*Tuesday, July 9 and Wednesday, July 10,
9:00 - 10:00 a.m.*

Join IADC member and longtime meditator, Jerry Blackwell, at an introductory class and discussion on the science and benefits of transformative mediation on Tuesday. Plan to come on Wednesday to participate with him in IADC's Meditation Practicum where you will learn and be able to put into practice simple meditation techniques that with practice will help to improve your health, productivity, focus, and even interpersonal relations. Everyone welcome. No previous mediation or mindfulness training necessary. *This activity is complimentary for registered attendees and does not require a separate registration.*